

2026 Timetable

Monday		
9:30am		Recreational tumble 3 - 5yrs 9:30 - 10:15am
10:30am		Recreational tumble 3 - 5yrs 10:30 - 11:15am
4pm	X-FORCE All Abilities Cheer Team	SPARKLES Development Cheer Team Mini Novice
4:45pm	TUMBLE Levels 1 - 2	
5:30pm	GLITTER Cheer Sport Team Mini Grade 2/1R 7 - 9yrs	LIGHTNING All Star Cheer Team Junior 2
6:15pm		TUMBLE Levels Novice - 1
7pm	STUNT GROUP All Ages + Levels	STUNT/DEV GROUP Adult
		FLYERS

Tuesday		
4pm	TINY GEMS Cheer Sport Team 5 - 6yrs	MISS SASS Development Cheer Team Youth Novice
4:45pm		
5:30pm	CHEER FUN Recreational Cheer + Tumble 5 - 9yrs	TUMBLE Levels Novice - 1
6:15pm		TUMBLE Levels 2 - 3 - 4
7pm	GALAXY All Star Cheer Team Senior 1	CODE PINK All Star Cheer Team Open 3/4NT
7:45pm		

Wednesday		
4pm	SEQUINS Cheer Sport Team Mini Grade 2/1R 7 - 9yrs	SPARKLES Development Cheer Team Mini Novice
4:45pm		
5:30pm	FLAWL3SS Cheer Sport Team Senior Grade 6/3R 13 - 18yrs Join the Waitlist!	
6:15pm		

Thursday		
9:30am		Recreational tumble 3 - 5yrs 9:30 - 10:15am
10:30am		Recreational tumble 3 - 5yrs 10:30 - 11:15am
4pm	MISS SASS Development Cheer Team Youth Novice	LIGHTNING All Star Cheer Team Junior 2
4:45pm		TUMBLE Levels 1 - 2
5:30pm	BLISS Cheer Sport Team Jnr Grade 2/1R 12 - 15yrs	FAME All Star Cheer Team Youth1
6:15pm		TUMBLE Levels 1 - 2
7pm	GALAXY All Star Cheer Team Senior 1	CODE PINK All Star Cheer Team Open 3/4NT1
7:45pm		TUMBLE Adult

Choose the best program for you

Age	Recreational Program	
3 - 5yrs	TINY TUMBLERS	Pre-schoolers can learn the basics of tumble
5 - 9yrs	CHEER FUN	Engage in fun & fast paced cheer and tumble classes.
Age/Level		Competitive Teams
5 - 15yrs	CHEER SPORT	Experience the excitement of a beginner competition team!
18yrs+	ADULT	Prioritise yourself and join the waitlist for an adult cheer team!
Novice	DEVELOPMENT	Athletes selected based on elite potential + commitment
Levels 1-4NT	ALL STAR	Team selection based on ability and high dedication
All ages	ALL ABILITIES	Inclusive disabilities program for athletes who love to perform

Age/Level	Classes	
Novice - 3	TUMBLE	Refine and develop your tumble skills.
All ages/levels	FLYERS	Build core strength, flexibility and clean lines
All ages/levels	STUNT GROUP	Work on skills on different level or in a new position



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